

# Fresh Poké Signatures

## The Poké Box

Marinated Goodnees

Reg.- 16.8 Lrg.- 21.2

Salmon, ahi tuna, edamame, cucumber, red onion, seaweed salad, crab salad, tamago, furikake, house shoyu , roasted sesame .

## Lava Blaze

It's Lit!

Reg.- 16.7 Lrg.- 21.1

Salmon, crab salad, sweet corn, edamame, jalapeño, togarashi, masago, crispy onion, tamari glaze , TPB hot sauce , spicy aioli .

## Sun Soaked

Omega Threes

Reg.- 16.7 Lrg.- 21.1

Salmon, seaweed salad, avocado, kale, beet slaw, pea shoots, edamame, toasted coconut, pumpkin seeds, sweet ginger .

## Big Umami

Just Umami Me!

Reg.- 16.8 Lrg.- 21.2

Salmon, ahi tuna, avocado, seaweed salad, sweet onion, green onion, cabbage, tempura bits, furikake, house shoyu , waikiki mayo .

## Aahhh-loha

An Ahi Moment

Reg.- 16.7 Lrg.- 21.1

Ahi tuna, seaweed salad, tamago, red onion, masago, cucumber, sesame, nori, house shoyu , island mango .

## Surfs Up

Carbs Low!

Reg.- 16.7 Lrg.- 21.1

Salmon, ajitama (ramen egg), cucumber avocado, masago, cabbage, green onion, sesame, wasabi citrus , creamy wasabi .

## Little Island

Fun Fresh Guy

Reg.- 15.4 Lrg.- 19.2

Tofu medley , seaweed salad, umami shiitake, kale, togarashi, red pepper, edamame, green onion, sesame, sweet ginger .

## The GFP

Gluten Friendly Perfection

Reg.- 16.7 Lrg.- 21.1

Salmon, kale, avocado, mandarin, edamame, pickled ginger, sesame, GF Shoyu  , GF spicy mayo  .

## California Dreaming

Like a Dragon Roll

Reg.- 15.1 Lrg.- 18.9

Imitation crab , cucumber, avocado, edamame, seaweed salad, masago, tempura bits, cabbage, roasted nori, spicy aioli , tamari glaze .



# Build Your Own Poké



## Rip Tide

Big Crunch

Reg.- 16.5 Lrg.- 20.2

Tempura shrimp , crab salad, masago, cabbage, red pepper, cucumber, green onion, sesame, spicy aioli , waikiki mayo .

## Garlic Koa

The Flavour Warrior

Reg.- 16.5 Lrg.- 20.2

Chicken karaage , tamago, edamame, green onion, corn, cabbage, pickled ginger, sesame togarashi, nori, garlic aioli , tamari glaze .

## Ruffled Up

Surf & Turf

Reg.- 17.2 Lrg.- 22.3

Smoked duck , tempura shrimp , tamago, sweet onion, cabbage, cucumber, mandarin, crispy onion, furikake, cucumber dill , tamari glaze .

## 1 Choose a Size

|                     |      |             |              |      |
|---------------------|------|-------------|--------------|------|
| Small               | Base | + 2 Mix-ins | + 1 Toppings | 8.3  |
| Medium              | Base | + 3 Mix-ins | + 2 Toppings | 10.1 |
| Large               | Base | + 4 Mix-ins | + 3 Toppings | 12.3 |
|                     |      |             |              |      |
| Extra Mix-in        |      |             |              | 1.2  |
| Extra Topping       |      |             |              | 2.1  |
| Extra Sauce On Side |      |             |              | 1.0  |

## 2 Pick Bases

|              |                 |
|--------------|-----------------|
| Sushi Rice   | TPB Grain Blend |
| Mixed Greens | Zucchini Noodle |

## 3 Add Proteins

| Servings                                                                                              | Single | Double | Triple |
|-------------------------------------------------------------------------------------------------------|--------|--------|--------|
| Ahi Tuna                                                                                              | 3.7    | 6.9    | 9.9    |
| Salmon                                                                                                | 3.7    | 6.9    | 9.9    |
|  Kani Kama       | 2.7    | 4.9    | 6.5    |
|  Cooked Shrimp   | 3.3    | 6.4    | 9.0    |
|  Tempura Shrimp  | 3.3    | 6.4    | 9.0    |
|  Chicken Karaage | 3.3    | 6.4    | 9.0    |
|  Beef Sukiyaki   | 3.3    | 6.4    | 9.0    |
|  Smoked Duck     | 4.6    | 8.5    | 11.6   |
|  Unagi           | 4.6    | 8.5    | 11.6   |
|  Tofu Medley     | 3.0    | 5.3    | 7.7    |

## 4 Add Mix-ins

|                 |              |
|-----------------|--------------|
| Cucumber        | Sweet Corn   |
| Carrot          | Cabbage      |
| Edamame         | Red Pepper   |
| Red Onion       | Sweet Onion  |
| Kale            | Mixed Greens |
| Zucchini Noodle |              |

## 5 Add Flavour

|                                                                                                     |                                                                                                     |
|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| Roasted Sesame                                                                                      | House Shoyu                                                                                         |
| Spicy Aioli                                                                                         | Waikiki Mayo                                                                                        |
|  Creamy Wasabi   | TPB Hot Sauce                                                                                       |
|  Balsamic Bomb  | Tamari Glaze                                                                                        |
| Sweet Ginger                                                                                        |  Island Mango  |
|  Cucumber Dill | Wasabi Citrus                                                                                       |
| Garlic Aioli                                                                                        |  GF Shoyu      |
|                                                                                                     |  GF Spicy Mayo |

## 6 Add Toppings

|                  |                     |
|------------------|---------------------|
| Crab Salad       | Ajitama (Ramen Egg) |
| Tamago           | Seaweed Salad       |
| Beet Slaw        | Roasted Nori        |
| Pea Shoots       | Masago              |
| Tempura Bits     | Avocado             |
| Mandarin Oranges | Shiitake Mushrooms  |
| Umami Kimchi     |                     |

## 7 Finishing Touch

|                |                 |
|----------------|-----------------|
| Sesame         | Crispy Onion    |
| Furikake       | Togarashi       |
| Pumpkin Seeds  | Green Onion     |
| Pickled Ginger | Toasted Coconut |
| Jalapeño       | Chili Flakes    |

### Sides & Drinks

|               |      |                 |      |
|---------------|------|-----------------|------|
| Crab Salad    | 7.00 | Japenses Drinks | 3.50 |
| Seaweed Salad | 7.00 | Peace Tea       | 2.50 |
| Umami Shitake | 7.00 | Coconut Water   | 3.00 |
| Sushi Rice    | 3.00 | Pop Cans        | 2.00 |
| Miso Soup     | 2.00 | Water           | 2.00 |



VEGETARIAN



COOKED PROTEIN



GLUTEN FRIENDLY



SAUCE

PLEASE INFORM US OF ANY ALLERGIES AND DIETARY RESTRICTIONS.